

PARK PLACE CENTER #56036 (HSG)

Week-At-A-Glance

hcs1northern2023 Week 1

Regular						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs Oatmeal Cereal Cold Cereal of Choice Glazed Cinnamon Roll Milk Coffee or Hot Tea Orange Juice	Bananas Foster French Toast - <i>Margarine</i> Sausage Patty Oatmeal Cereal Cold Cereal of Choice Milk Coffee or Hot Tea Orange Juice	Baked Cheese Omelet Oatmeal Cereal Cold Cereal of Choice English Muffin - <i>Margarine</i> - <i>Jelly</i> Milk Coffee or Hot Tea Orange Juice	Biscuit - <i>Sausage Gravy</i> Oatmeal Cereal Cold Cereal of Choice Hashbrown Milk Coffee or Hot Tea Orange Juice	Scrambled Eggs Oatmeal Cereal Cold Cereal of Choice Streusel Coffee Cake - <i>Margarine</i> Milk Coffee or Hot Tea Orange Juice	Western Scrambled Eggs Oatmeal Cereal Cold Cereal of Choice Toast - <i>Margarine</i> - <i>Jelly</i> Milk Coffee or Hot Tea Orange Juice	Buttermilk Pancakes - <i>Margarine</i> - <i>Syrup</i> Bacon Oatmeal Cereal Cold Cereal of Choice Milk Coffee or Hot Tea Orange Juice
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
BBQ Pork Loin Hamburger Steak w/Grilled Onions - <i>Brown Gravy</i> Country Vegetable Blend Seasoned Spinach Baked Beans Mashed Potatoes Cornbread - <i>Margarine</i> Strawberry Shortcake Coffee or Hot Tea	Turkey & Cheese Hoagie - <i>Lettuce & Tomato</i> - <i>Mayonnaise</i> Cheese Quiche Marinated Cucumber & Tomato Salad Green Pea Salad Macaroni Salad Dinner Roll/Bread - <i>Margarine</i> Summer Fresh Fruit Cup Coffee or Hot Tea	Marinated Chicken Thigh Meatballs w/Gravy Sugar Snap Peas Broccoli Florets Oven Browned Potatoes Seasoned Rice Dinner Roll/Bread - <i>Margarine</i> Chocolate Chip Cookie Coffee or Hot Tea	Homestyle Meatloaf w/Ketchup Glaze Thyme Chicken Breast Honey Roasted Carrots Squash Medley Duchess Mashed Potatoes Buttered Rice Poppy Seed Dinner Roll - <i>Margarine</i> Lemon Bar Coffee or Hot Tea	Cheese Lasagna Egg Salad Sandwich - <i>Lettuce & Tomato</i> Caesar Salad Marinated Green Bean Salad Potato Salad Garlic Bread Fruit Cocktail Coffee or Hot Tea	Cornflake Crusted Tilapia Fillet Smothered Steak Buttered Green Peas Seasoned Spinach Macaroni & Cheese Mashed Potatoes Dinner Roll/Bread - <i>Margarine</i> Sour Cream Orange Cake Coffee or Hot Tea	Roast Turkey - <i>Poultry Gravy</i> BBQ Pork Chop Steamed Broccoli Florets w/Lemon Sliced Carrots Rice Pilaf Baked Sweet Potatoes Dinner Roll/Bread - <i>Margarine</i> Cherry Cheesecake Bar Coffee or Hot Tea

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Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Chicken Tenders - Honey Mustard Lemon Pepper Tilapia Fillet Tossed Salad w/Dressing Capri Vegetable Blend French Fries - Ketchup Parsley Rice Dinner Roll/Bread - Margarine Pear Crisp Milk Coffee or Hot Tea	Country Fried Steak w/Mushroom Gravy Garlic Baked Pork Chop Sauteed Green Beans Buttered Whole Kernel Corn (veg) Mashed Potatoes Parsley Noodles Dinner Roll/Bread - Margarine Vanilla Ice Cream Milk Coffee or Hot Tea	Shrimp Scampi Thin Crust Cheese Pizza Roasted Zucchini Sauteed Spinach w/Garlic Spaghetti Noodles Italian Herbed Dinner Roll - Margarine Chilled Peach Parfait Milk Coffee or Hot Tea	Ham & Swiss Sandwich on Wheat - Lettuce & Tomato - Mayonnaise Tuna Salad Sandwich - Lettuce & Tomato Green Pea Salad Marinated Tomato & Onion Salad Potato Chips Macaroni Salad Seedless Watermelon Cubes Milk Coffee or Hot Tea	Rancher's Chicken Breast Italian Sausage Sauteed Asparagus Cuts Broccoli Florets Baked Potato - Margarine - Sour Cream Parsley Noodles Dinner Roll/Bread - Margarine Double Chocolate Brownie Milk Coffee or Hot Tea	Hot Dog on a Bun - Baked Beans - Mustard Grilled Cheese Sandwich Confetti Coleslaw Sugar Snap Peas French Fries - Ketchup Chilled Pears Milk Coffee or Hot Tea	Meatball Sub Sandwich Breaded Chicken on a Bun - Mayonnaise - Lettuce & Tomato Seasoned Green Beans Zucchini Potato Wedges - Ketchup Buttered Noodles Tropical Fruit Salad Milk Coffee or Hot Tea

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Week-At-A-Glance

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Regular						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs Oatmeal Cereal Cold Cereal of Choice Blueberry Muffin - Margarine Milk Coffee or Hot Tea Orange Juice	French Toast Casserole - Margarine - Syrup Sausage Patty Oatmeal Cereal Cold Cereal of Choice Milk Coffee or Hot Tea Orange Juice	Scrambled Eggs w/Cheese Oatmeal Cereal Cold Cereal of Choice Biscuit - Margarine - Jelly Milk Coffee or Hot Tea Orange Juice	Egg & Hashbrown Bake Oatmeal Cereal Cold Cereal of Choice Toast - Margarine - Jelly Milk Coffee or Hot Tea Orange Juice	Buttermilk Pancakes - Margarine - Syrup Bacon Oatmeal Cereal Cold Cereal of Choice Milk Coffee or Hot Tea Orange Juice	Scrambled Eggs Oatmeal Cereal Cold Cereal of Choice English Muffin - Margarine - Jelly Milk Coffee or Hot Tea Orange Juice	Baked Cheese Omelet Breakfast Ham Oatmeal Cereal Cold Cereal of Choice Toast - Margarine - Jelly Milk Coffee or Hot Tea Orange Juice
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Fried Chicken Herb & Lemon Tilapia Fillet Country Vegetable Blend Green Peas Ranch Style Potato Wedges Egg Noodles Cornbread - Margarine Banana Cream Pie Coffee or Hot Tea	Hawaiian Baked Ham Herbed Chicken Breast Sauteed Spinach w/Garlic Sliced Carrots Whipped Sweet Potatoes Parsley Noodles Dinner Roll/Bread - Margarine Pineapple Tidbits Coffee or Hot Tea	Hamburger on a Bun - Lettuce & Tomato - Ketchup - Pickle Spear Tuna Salad Sandwich - Lettuce & Tomato Confetti Coleslaw Broccoli Salad French Fries - Ketchup Garden Pasta Salad Oatmeal Raisin Cookie Coffee or Hot Tea	Encrusted Pork Loin Smothered Turkey Patty Braised Cabbage Zucchini & Onions Oven Browned Potatoes Parmesan Noodles Dinner Roll/Bread - Margarine Mandarin Oranges Coffee or Hot Tea	Chicken Soft Taco w/Flour Tortilla - Shredded Lettuce & Diced Tomato Topping - Shredded Cheddar Cheese (tbl) Garlic Baked Pork Chop Mexican Corn (veg) Sugar Snap Peas Cilantro Rice Oven Roasted Potatoes Dinner Roll/Bread - Margarine Seedless Watermelon Cubes Coffee or Hot Tea	Lemon Butter Baked Tilapia Fillet Chicken Tenders - Honey Mustard Roasted Green Beans Seasoned Spinach Rice Pilaf Mashed Potatoes Dinner Roll/Bread - Margarine Lemon Glazed Angel Food Cake Coffee or Hot Tea	Classic Baked Ziti Hamburger on a Bun - Lettuce & Tomato - Ketchup - Pickle Spear Tossed Salad w/Dressing Green Pea Salad French Fries - Ketchup Italian Herbed Dinner Roll - Margarine Cinnamon Brown Sugar Blondie Coffee or Hot Tea

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Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Beef Stir Fry w/Vegetables Cheese Ravioli w/Marinara Sauce Tossed Salad w/Dressing Steamed Rice Dinner Roll/Bread - Margarine Summer Fresh Fruit Cup Milk Coffee or Hot Tea	Egg Salad Sandwich on Croissant - Lettuce & Tomato Hamburger Steak w/Grilled Onions - Brown Gravy Marinated Tomato & Onion Salad Squash Medley Creamy Dill Macaroni Salad Seasoned Rice Dinner Roll/Bread - Margarine Savory Summer Soup - Saltine Crackers Chocolate Cake w/ Peanut Butter Frosting Milk Coffee or Hot Tea	Chicken Parmesan w/ - Spaghetti Noodles Parsley Pork Chop Herbed Green Beans Sugar Snap Peas Mashed Potatoes Garlic Bread Fruit Cocktail Milk Coffee or Hot Tea	Breaded Fish on a Bun - Tartar Sauce Marinated Chicken Thigh Peas & Carrots Seasoned Spinach Tater Tots - Ketchup Herbed Rice Dinner Roll/Bread - Margarine Chocolate Ice Cream Milk Coffee or Hot Tea	Salisbury Steak - Brown Gravy Cheese Quiche Squash Medley Country Vegetable Blend Au Gratin Potatoes Dinner Roll/Bread - Margarine Butterscotch Pudding Parfait Milk Coffee or Hot Tea	Grilled Turkey & Cheese Sandwich Rancher's Pork Chop Broccoli Florets Steamed Asparagus Cuts Potato Wedges - Ketchup Herbed Noodles Dinner Roll/Bread - Margarine Tropical Fruit Salad Milk Coffee or Hot Tea	Rotisserie Chicken Thigh Cheese Quesadilla - Sour Cream Sliced Glazed Carrots Whole Kernel Corn (veg) Oven Brownd Potatoes Steamed Rice Dinner Roll/Bread - Margarine Chilled Peaches Milk Coffee or Hot Tea

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Regular						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
French Toast - Margarine - Syrup Bacon Oatmeal Cereal Cold Cereal of Choice Milk Coffee or Hot Tea Orange Juice	Scrambled Eggs Oatmeal Cereal Cold Cereal of Choice Glazed Cinnamon Roll Milk Coffee or Hot Tea Orange Juice	Biscuit - Sausage Gravy Oatmeal Cereal Cold Cereal of Choice Hashbrown Milk Coffee or Hot Tea Orange Juice	Scrambled Eggs Oatmeal Cereal Cold Cereal of Choice English Muffin - Margarine - Jelly Milk Coffee or Hot Tea Orange Juice	Baked Cheese Omelet Oatmeal Cereal Cold Cereal of Choice Toast - Jelly - Margarine Milk Coffee or Hot Tea Orange Juice	Buttermilk Pancakes w/Strawberry Topping - Margarine - Syrup Breakfast Ham Oatmeal Cereal Cold Cereal of Choice Milk Coffee or Hot Tea Orange Juice	Western Scrambled Eggs Oatmeal Cereal Cold Cereal of Choice Toast - Jelly - Margarine Milk Coffee or Hot Tea Orange Juice
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Country Fried Steak w/Cream Gravy Marinated Chicken Thigh Seasoned Spinach Green Peas Herbed Mashed Potatoes Buttered Rice Cornbread - Margarine S'more Pudding Parfait Coffee or Hot Tea	Dijon Pork Loin Salisbury Steak - Brown Gravy Broccoli Florets Sliced Carrots Scalloped Potatoes Buttered Noodles Dinner Roll/Bread - Margarine Black Forest Cake Coffee or Hot Tea	Meatsauce w/ - Spaghetti Noodles Honey Dijon Chicken Breast Caesar Salad Green Beans Mashed Potatoes Garlic Bread Deluxe Fruit Salad Coffee or Hot Tea	Herbed Turkey - Poultry Gravy Cornflake Crusted Tilapia Fillet Country Vegetable Blend Sugar Snap Peas Mashed Potatoes Rice Pilaf Parsley Dinner Roll - Margarine Double Chocolate Brownie Coffee or Hot Tea	Deluxe Macaroni & Cheese Hamburger Steak w/Grilled Onions - Brown Gravy Tomato Basil Salad Green Peas Mashed Potatoes Dinner Roll/Bread - Margarine Sugar Cookie Coffee or Hot Tea	Shrimp Alfredo w/ - Spaghetti Noodles Chicken Tenders - Honey Mustard Roasted Green Beans Zucchini & Onions Buttered Rice Garlic Bread Peach Shortcake Coffee or Hot Tea	Sweet & Sour Chicken Glazed Baked Pork Chop Sugar Snap Peas Sliced Carrots Fried Rice Mashed Potatoes Dinner Roll/Bread - Margarine Vanilla Ice Cream Coffee or Hot Tea

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Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Thin Crust Cheese Pizza Turkey Burger on a Bun - Lettuce & Tomato - Pickle Spear - Mayonnaise Parmesan Baked Zucchini Green Beans Potato Wedges - Ketchup Dinner Roll/Bread - Margarine Apple Crisp Milk Coffee or Hot Tea	BBQ Pulled Chicken Sandwich Cheese Quesadilla - Sour Cream Confetti Coleslaw Sauteed Asparagus Cuts Tater Tots - Ketchup Steamed Rice Seedless Watermelon Cubes Milk Coffee or Hot Tea	Tuna Melt Sandwich Hamburger on a Bun - Lettuce & Tomato - Ketchup - Pickle Spear Buttered Green Peas Squash Medley Potato Wedges - Ketchup Parsley Noodles Orange Sherbet Milk Coffee or Hot Tea	Italian Sausage Cheese Quiche Broccoli Florets Sauteed Spinach w/Garlic Parmesan Noodles Dinner Roll/Bread - Margarine Chilled Pears Milk Coffee or Hot Tea	Rancher's Chicken Thigh Garlic Baked Pork Chop Sliced Carrots Sauteed Asparagus Cuts Oven Brownd Potatoes Rice Pilaf Dinner Roll/Bread - Margarine Fruit Cocktail Milk Coffee or Hot Tea	Hot Dog on a Bun - Baked Beans - Mustard Egg Salad Sandwich - Lettuce & Tomato Calico Coleslaw Marinated Mixed Vegetable Salad Potato Chips Mandarin Oranges Milk Coffee or Hot Tea	Philly Cheesesteak Sandwich - Sauteed Peppers & Onions. Smothered Turkey Patty Tossed Salad w/Dressing Capri Vegetable Blend French Fries - Ketchup Parsley Noodles Dinner Roll/Bread - Margarine Summer Fresh Fruit Cup Milk Coffee or Hot Tea

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Regular						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs Oatmeal Cereal Cold Cereal of Choice Blueberry Muffin - Margarine Milk Coffee or Hot Tea Orange Juice	French Toast - Margarine - Syrup Sausage Patty Oatmeal Cereal Cold Cereal of Choice Milk Coffee or Hot Tea Orange Juice	Scrambled Eggs w/Cheese Oatmeal Cereal Cold Cereal of Choice Biscuit - Margarine - Jelly Milk Coffee or Hot Tea Orange Juice	Buttermilk Pancakes - Margarine - Syrup Bacon Oatmeal Cereal Cold Cereal of Choice Milk Coffee or Hot Tea Orange Juice	Egg & Hashbrown Bake Oatmeal Cereal Cold Cereal of Choice Toast - Margarine - Jelly Milk Coffee or Hot Tea Orange Juice	Scrambled Eggs Oatmeal Cereal Cold Cereal of Choice Peach Streusel Coffee Cake - Margarine Milk Coffee or Hot Tea Orange Juice	Baked Cheese Omelet Breakfast Ham Oatmeal Cereal Cold Cereal of Choice Toast - Margarine - Jelly Milk Coffee or Hot Tea Orange Juice
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Egg Salad Sandwich - Lettuce & Tomato Tuna Salad Sandwich - Lettuce & Tomato Tomato Basil Salad Broccoli Salad Creamy Dill Macaroni Salad Potato Chips Hearty Vegetable Soup - Saltine Crackers Butterscotch Pudding Coffee or Hot Tea	Chicken Cottage Pie Rancher's Pork Chop Sliced Glazed Carrots Seasoned Green Beans Buttered Rice Dinner Roll/Bread - Margarine Marble Cake w/White Frosting Coffee or Hot Tea	Honey Glazed Sliced Ham Salisbury Steak - Brown Gravy Spinach Au Gratin Capri Vegetable Blend Baked Sweet Potatoes Parmesan Noodles Dinner Roll/Bread - Margarine Summer Fresh Fruit Cup Coffee or Hot Tea	Cheese Ravioli w/Marinara Sauce Ham Sandwich - Lettuce & Tomato - Mayonnaise Caesar Salad Marinated Cucumber & Onion Salad Potato Salad Garlic Bread Mandarin Oranges Coffee or Hot Tea	Beef Pepper Steak w/Gravy Grilled Cheese Sandwich Broccoli Florets Sugar Snap Peas Mashed Potatoes Parsley Rice Dinner Roll/Bread - Margarine Chocolate Cream Pie Coffee or Hot Tea	Herb & Lemon Tilapia Fillet Hamburger Steak w/Grilled Onions - Brown Gravy Steamed Asparagus Cuts Sliced Parsley Carrots Rice Pilaf Roasted Red Skin Potatoes Parsley Dinner Roll - Margarine Snickerdoodle Cookie Coffee or Hot Tea	Grilled Turkey & Cheese Sandwich Italian Sausage Creamy Cucumber & Onion Salad Broccoli Florets French Fries - Ketchup Egg Noodles Dinner Roll/Bread - Margarine Pineapple Tidbits Coffee or Hot Tea

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Week-At-A-Glance

hcsgr1northern2023 Week 4

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Garlic Herbed Pork Loin BBQ Chicken Thigh Seasoned Cabbage Whole Kernel Corn (veg) Garlic Roasted Red Skin Potatoes Buttered Rice Dinner Roll/Bread - Margarine Apple Crisp Milk Coffee or Hot Tea	Cheeseburger on a Bun - Lettuce & Tomato - Ketchup - Pickle Spear Breaded Fish on a Bun - Tartar Sauce Confetti Coleslaw Roasted Garlic Squash Tater Tots - Ketchup Buttered Noodles Tropical Fruit Salad Milk Coffee or Hot Tea	Rotisserie Chicken Thigh Cheese Quiche Green Peas Marinated Tomato & Onion Salad Garlic Potato Wedges Dinner Roll/Bread - Margarine Blondie Milk Coffee or Hot Tea	Breaded Fish on a Bun - Tartar Sauce Smothered Turkey Patty Squash Medley Whole Kernel Corn (veg) Oven Brownd Potatoes Seasoned Rice Dinner Roll/Bread - Margarine Vanilla Glazed Angel Food Cake Milk Coffee or Hot Tea	BBQ Pork Platter Chicken Tenders - Honey Mustard Seasoned Green Beans Sauteed Spinach Baked Beans Buttered Noodles Cornbread - Margarine Sliced Pears Milk Coffee or Hot Tea	Chicken Salad Sandwich on a Croissant - Lettuce & Tomato Thin Crust Cheese Pizza Green Pea Salad Country Vegetable Blend Potato Chips Dinner Roll/Bread - Margarine Chilled Peach Parfait Milk Coffee or Hot Tea	Meatballs w/Marinara Sauce - Marinara Sauce (oz) - Spaghetti Noodles Cheese Quesadilla - Sour Cream Parmesan Baked Zucchini Sugar Snap Peas Yellow Rice Garlic Bread Chocolate Ice Cream Milk Coffee or Hot Tea